

Title:

Modifying the Abridged Version of the Gross National Happiness Index Survey to Suit the Singapore Hospitality Industry

Researcher:

Dr. Utanes Godofredo Cristobal
DBA, MBM, MBA, BSc, CHIA, SFC, ACTA
SDH Institute – Vatel Singapore

Key words: gross national happiness, GNH abridged survey, hospitality, Singapore

Appendix

**Modified Gross National Happiness Abridged Survey
(GAS-SHI)**

SEE BELOW

Appendix

Modified Gross National Happiness Abridged Survey (GAS-SHI)

Dear Sir/Ma'am:

We would like to request your assistance by answering questions that probably will be the first time to be asked of you. These questions are based on the Gross National Happiness (GNH) survey originally conducted in Bhutan as a measure of people's overall well-being. Our study will attempt to measure the GNH of professionals and office workers in the hospitality industry. Rest assured that we will in no way reveal your identity nor divulge any information here to any of your supervisors or managers, unless you direct us to do so. We will consider this as a big favour, and your contribution to the body of knowledge will be greatly appreciated. Thank you.

Demographics and Household

1. Male or Female? _____

2. What year were you born? Choose one below.
 from 1946 to 1954 _____ from 1966 to 1976 _____ from 1995 to 2012 _____
 from 1955 to 1965 _____ from 1977 to 1994 _____

3. What is your current marital status?
 Never married _____ Married _____ Divorced _____ Separated _____ Widowed _____

4. What is your highest educational attainment?

High school / secondary / O-level	Vocational / A-level	College / University	Masters degree	Doctorate degree
_____	_____	_____	_____	_____

5. Have you had monastic/religious education? If so, how many years?
 Yes _____ Duration _____ years / _____ months / _____ weeks No _____

6. What were your primary activities or occupations during the past twelve months? They include both paid and unpaid activities, e.g., parenting, caring for elderly family members, working in F&B, working in a hotel, etc.

	Description of occupation	Location
Occupation 1		
Occupation 2		
Occupation 3		
Occupation 4		
Occupation 5		
Occupation 6		
Occupation 7		

7. What is your religion? _____

8. What is your current employment status?

1 Employed _____	4 Homemaker _____
2 Unemployed, looking for work _____	5 Retired _____
3 Student _____	6 Others (specify _____)

9. Who currently lives in your household with you?

	Relationship to you	Sex	Age
Person 1			
Person 2			
Person 3			
Person 4			
Person 5			
Person 6			
Person 7			
Person 8			
Person 9			
Person 10			
Person 11			
Person 12			

10. Household size including respondent. _____

11. Family type of respondent

1 Single person _____	
2 Unattached persons living together _____	

- 3 Couple with no children _____
 4 Couple with children in household _____
 5 Child (under 20) in two-parent _____
 6 Child (under 20) in single-parent family _____
 7 Other, specify _____

12. Number of children in respondent's family. _____
 13. Number of other members of extended family residing in household. _____
 14. Are there children under the age of 20 in household? Yes _____ No _____
 15. If yes, how many children are under six? _____
 16. How many are age 6 to 12? _____
 17. How many are aged 13 to 19? _____
 18. Were you born in this country? Yes _____ No _____
 19. If not, how long have you lived in this country? _____
 20. Are you a citizen of this country? Yes _____ No _____

Happiness and Wellbeing

21. On a scale of one to ten, do you consider yourself to be

1	2	3	4	5	6	7	8	9	10
Not a very happy person									Very happy person

22. Taking all together, how satisfied are you currently with your life as a whole?

1	2	3	4	5	6	7	8	9	10
Dissatisfied									Satisfied

23. How would you rate the quality of your life?

1	2	3	4	5
Very poor	Poor	Neither poor nor good	Good	Very good

24. How much do you enjoy life?

1	2	3	4
Not at all	A little	Quite a lot	An extreme amount

25. How satisfied are you with the following aspects of your life?

	Dissatisfied	Not very satisfied	Fairly satisfied	Satisfied
	1	2	3	4
Your health				
The security of your finances / livelihood				
The major occupations in your daily life (could be your job if formally employed or housework)				
The relationship you have with your immediate family members				

26. During the last year, would you describe your life as

1	2	3	4
Very stressful	Somewhat stressful	Not very stressful	Not at all stressful

27. How spiritual do you consider yourself to be?

1	2	3	4
Not at all	Not very	Moderately	Very

28. Do you attempt to follow spiritual teachings and practices in your daily life?

1	2	3	4
Not at all	Occasionally	Most of the time	All the time

29. How important are your spiritual beliefs to the way you live your life?

1	2	3	4
Not at all	Not very	Moderately	Very

30. Do you take part in spiritual discussions with other people?

1	2	3	4
Not at all	Occasionally	Weekly	Daily

31. During the past few weeks, how often have you felt the following moods/emotions?

		Never	Sometimes	Often
		1	2	3
Emotion 1	Anger			
Emotion 2	Hatred			
Emotion 3	Guilt			
Emotion 4	Resentment			
Emotion 5	Selfishness			
Emotion 6	Jealousy			
Emotion 7	Pride			
Emotion 8	Calmness			
Emotion 9	Empathy / compassion			
Emotion 10	Forgiveness			
Emotion 11	Contentment			
Emotion 12	Generosity			
Emotion 13	Disappointment			
Emotion 14	Sadness			
Emotion 15	Frustration			
Other specify				

Please consider the last four weeks and answer the following questions by selecting one of the four answer options.

32. Been able to concentrate on what you're doing.

1	2	3	4
Much less than usual	Less than usual	Same as usual	More than usual

33. Lost much sleep over worry.

1	2	3	4
Not at all	No more than usual	Rather more than usual	Much more than usual

34. Felt you were playing a useful part in things.

1	2	3	4
Much less than usual	Less than usual	Same as usual	More than usual

35. Felt capable of making decisions about things.

1	2	3	4
Much less than usual	Less than usual	Same as usual	More than usual

36. Felt constantly under strain.

1	2	3	4
Not at all	No more than usual	Rather more than usual	Much more than usual

37. Felt you couldn't overcome your difficulties.

1	2	3	4
Not at all	No more than usual	Rather more than usual	Much more than usual

38. Been able to enjoy your normal day-to-day activities.

1	2	3	4
Much less than usual	Less than usual	Same as usual	More than usual

39. Been able to face up to your problems.

1	2	3	4
Much less than usual	Less than usual	Same as usual	More than usual

40. Been feeling unhappy and depressed.

1	2	3	4
Not at all	No more than usual	Rather more than usual	Much more than usual

41. Been losing confidence in yourself.

1	2	3	4
Not at all	No more than usual	Rather more than usual	Much more than usual

42. Been thinking of yourself as a worthless person.

1	2	3	4
Not at all	No more than usual	Rather more than usual	Much more than usual

43. Been feeling reasonably happy, all things considered.

1	2	3	4
Much less than usual	Less than usual	Same as usual	More than usual

Health

44. In general, would you say your health is:

1	2	3
Fair / poor	Good	Excellent / very good

45. To what extent do you feel that physical pain prevents you from doing what you need to do?

1	2	3	4	5
Not at all	A little	A moderate amount	Very much	An extreme amount

46. How satisfied are you with your ability to perform your daily living activities?

1	2	3	4	5
Very dissatisfied	Dissatisfied	Neither	Satisfied	Very satisfied

47. Do you have any long-term disabilities, health problems or mental health problems (health conditions that have lasted or are expected to last 6 months or over)?

1	2
Yes	No

48. Does this long-term condition restrict the amount of activity you do at home?

1	2	3
Never	Sometimes	All the time

49. Does this long-term condition restrict the amount of activity you do at educational institutes (such as schools, monasteries, *gomdeys* (lay monks' monasteries), etc.?)

1	2	3
Never	Sometimes	All the time

50. Does this long-term condition restrict the amount of activity you do at work?

1	2	3
Never	Sometimes	All the time

51. What are your main sources of stress? (Please mark all that apply)

		Yes, this is a major source of stress	No, this is not a major source of stress
1	Work		
2	Financial pressures		
3	Family relations		
4	School work		
5	Death in the family		
6	Illness in the family		
7	Volunteer requirements		
8	Threat from wild animals		
9	Threat from natural calamities		
10	Too many errands		
11	Alcoholism of family or household member		
12	Drug abuse by family or household member		
13	Concerns about your children's future		

14	Dispute with neighbour or community		
15	Other major sources of stress, specify _____		

Family and Community

52. How satisfied are you with the support you get from your friends?

1	2	3	4	5
Very dissatisfied	Dissatisfied	Neither	Satisfied	Very satisfied

53. How satisfied are you with your personal relationships?

1	2	3	4	5
Very dissatisfied	Dissatisfied	Neither	Satisfied	Very satisfied

54. How often is each of the following kinds of support available to you when you need it?

		1	2	3
		None of the time	Some of the time	Most or all the time
1	Someone to take you to the doctor if you needed it.			
2	Someone to help you with daily chores if you were sick.			
3	Someone to turn to for suggestions about how to deal with a personal problem.			
4	Someone who shows you love and affection.			
5	Someone to have a good time with.			
6	Someone to get together with for relaxation.			

55. How would you describe your sense of belonging to your local community or workplace? Would you say it is:

1	2	3
Weak	Somewhat strong	Very strong

56. How would you describe your sense of belonging to this country? Would you say it is:

1	2	3
Weak	Somewhat strong	Very strong

57. Generally speaking, would you say that most people can be trusted or that you need to be very careful in dealing with people?

1	2
Need to be careful	People can be trusted

58. Do you think that most people would try to take advantage of you if they got the chance or would they try to be fair?

1	2
Would take advantage	Would try and be fair

59. How much do you trust people you work with or go to school with?

1	2	3	4
Trust none of them	Trust a few of them	Trust some of them	Trust most of them

60. How much do you trust your neighbours?

1	2	3	4
Trust none of them	Trust a few of them	Trust some of them	Trust most of them

61. How much do you trust strangers?

1	2	3	4
Trust none of them	Trust a few of them	Trust some of them	Trust most of them

62. To what extent do you feel that people in your community act for the benefit of the community?

1	2	3
Rarely act for the benefit of the community	Sometimes act for the benefit of the community	Almost always act for the benefit of the community

63. Young people find good opportunities for recreation and entertainment in your community.

1	2	3	4
Never	Rarely	Sometimes	Always

64. Young people move away for better employment opportunities.

1	2	3	4
Never	Rarely	Sometimes	Always

65. People in your community treat you fairly.

1	2	3	4
Never	Rarely	Sometimes	Always

66. Businesses in your community treat you fairly.

1	2	3	4
Never	Rarely	Sometimes	Always

67. If you lost some money, how likely is it to be returned if it was found by people in your community? Would it be:

1	2	3
Not at all likely	Somewhat likely	Very likely

68. Would you say that in your neighbourhood everyone helps one another?

1	2	3	4
Never	Rarely	Sometimes	Always

69. How safe do you feel walking alone in your neighbourhood after dark? Do you feel:

1	2	3
Rarely safe	Usually safe	Always safe

70. When alone in your home in the evening or at night, do you feel:

1	2	3
Very worried about safety	Somewhat worried about safety	Not at all worried about safety

71. How safe do you feel in your daily life?

1	2	3	4	5
Not at all	A little	A moderate amount	Very much	Extremely

72. During the past 12 months, have you given people unpaid voluntary help?

1	2
Yes	No

73. On average, about how many hours did you spend during the past 12 months doing voluntary activity on your own?
_____ hours

74. Overall, how satisfying has your experience as a volunteer been?

1	2	3
Dissatisfying	Neither	Satisfying

75. For the following statements, please tick only one that indicates your level of agreement or disagreement.

		1	2	3
		Disagree	Neutral	Agree
1	The members of your family really care about each other.			
2	You really enjoy your family.			
3	You wish you were not part of your family.			
4	Members of your family argue too much.			
5	There is no sense of closeness in your family.			
6	You feel like a stranger in your family			
7	You have enough time to spend with your family.			
8	There is a lot of understanding in your family.			
9	Life in your family is generally unpleasant.			
10	Your family is a real source of comfort to you.			

Time Use and Balance

76. How often do you feel rushed?

1	2	3	4	5	6
Everyday	Few times a week	Once a week	Once a month	Few times a year	Never

77. Compared to two or three years ago, do you feel more rushed, about the same or less rushed?

1	2	3
More rushed	About the same	Less rushed

78. How often do you feel you have time on your hands that you don't know what to do with?

1	2	3	4	5	6
Everyday	Few times a week	Once a week	Once a month	Few times a year	Never

		Yes	No
79.	Do you feel that the days are just too short to do all the things you want?		
80.	At the end of the day, do you often feel that you have not accomplished what you had set out to do?		
81.	Do you worry that you don't spend enough time with your family or friends?		
82.	Do you feel that you're constantly under stress trying to accomplish more than you can handle?		
83.	Do you feel trapped in a daily routine?		
84.	Do you feel that you just don't have time for fun anymore?		
85.	Do you often feel under stress when you don't have enough time?		

86. How much do you usually enjoy these activities?

		1	2	3	9
		Do not enjoy	Somewhat	A lot	Don't do this
86a.	Working at your job				
86b.	Taking care of or playing with children at home				
86c.	Providing extra care or assistance to sick or elderly persons in your home				
86d.	Shopping				
86e.	Preparing food				
86f.	Eating				
86g.	Doing housework, home maintenance or other chores for your household				
86h.	Participating in sports or hobbies				
86i.	Visiting/socialising with friends or neighbours				
86j.	Visiting / socialising with family members				
86k.	Reading				
86l.	Relaxing				
86m.	Praying/worshipping/meditating				
86n.	Watching TV, listening to the radio				
86o.	Using computer (outside of wrk), playing computer/video games				
86p.	Participating in voluntary activities				
86q.	Participating in religious activities				
86r.	Participating in political activities, visiting government offices				
86s.	Community activities (labour, meetings, etc.)				
86t.	Educational courses / activities				
86u.	Others, specify _____				

87. Based on how you would like to spend your time, do you currently spend too much, not enough or about the right amount of time on each of the following activities?

		1	2	3
		Not enough	About the right amount	Too much
87a.	Working at your job			
87b.	Taking care of or playing with children at home			
87c.	Providing extra care or assistance to sick or elderly persons in your home			
87d.	Shopping			
87e.	Preparing food			
87f.	Eating			
87g.	Doing housework, home maintenance or other chores for your household			

87h.	Participating in sports or hobbies			
87i.	Visiting/socialising with friends or neighbours			
87j.	Visiting / socialising with family members			
87k.	Reading			
87l.	Relaxing			
87m.	Praying/worshipping/meditating			
87n.	Watching TV, listening to the radio			
87o.	Using computer (outside of wrk), playing computer/video games			
87p.	Participating in voluntary activities			
87q.	Participating in religious activities			
87r.	Participating in political activities, visiting government offices			
87s.	Community activities (labour, meetings, etc.)			
87t.	Educational courses / activities			
87u.	Others, specify _____			

Education

88. How satisfied are you with the education system in this city/country as a whole?

1	2	3
Dissatisfied	Neither	Satisfied

89. How satisfied are you with the quality of education you received?

1	2	3
Dissatisfied	Neither	Satisfied

90. How satisfied are you with the the opportunity that you had to develop the skills and abilities that were important to you through formal and informal education?

1	2	3
Dissatisfied	Neither	Satisfied

91. How satisfied are you with the the quality of education that children currently receive?

1	2	3
Dissatisfied	Neither	Satisfied

Core Values

92. Here is a list of qualities that children can be encouraged to learn at home. How important are each of them?

		1	2	3	4
		Not important	A little important	Important	Very important
92a.	Independence				
92b.	Respect for others				
92c.	Respect for parents				
92d.	Discipline				
92e.	Honesty				
92f.	Tolerance for other people				
92g.	Hard work				
92h.	Obedience to authority				
92i.	Question authority				
92j.	Caring for family members and relatives				
92k.	Helping neighbours				
92l.	Impartiality towards rich, poor, different status, etc.				
92m.	Material wealth				

93. During the last few years, I feel to the best of my knowledge that most people in the company I am working for have become:

93a.	1	2	3
	Less generous	Stayed the same	More generous

93b.	1	2	3
	Less compassionate	Stayed the same	More compassionate

93c.	1	2	3
------	---	---	---

	Less concerned about material wealth	Stayed the same	More concerned about material wealth

93d.	1	2	3
	Less selfish	Stayed the same	More selfish

93e.	1	2	3
	Less honest	Stayed the same	More honest

93f.	1	2	3
	Less spiritual	Stayed the same	More spiritual

93g.	1	2	3
	Less tolerant	Stayed the same	More tolerant

93h.	1	2	3
	Less supportive of traditions	Stayed the same	More supportive of traditions

93i.	1	2	3
	Less forgiving	Stayed the same	More forgiving

93j.	1	2	3
	Less hardworking	Stayed the same	More hardworking

94. During the last few years, I feel to the best of my knowledge that most people in this country have become:

94a.	1	2	3
	Less generous	Stayed the same	More generous

94b.	1	2	3
	Less compassionate	Stayed the same	More compassionate

94c.	1	2	3
	Less concerned about material wealth	Stayed the same	More concerned about material wealth

94d.	1	2	3
	Less selfish	Stayed the same	More selfish

94e.	1	2	3
	Less honest	Stayed the same	More honest

94f.	1	2	3
	Less spiritual	Stayed the same	More spiritual

94g.	1	2	3
	Less tolerant	Stayed the same	More tolerant

94h.	1	2	3
	Less supportive of traditions	Stayed the same	More supportive of traditions

94i.	1	2	3
	Less forgiving	Stayed the same	More forgiving

94j.	1	2	3
	Less hardworking	Stayed the same	More hardworking

95. During the last few years, I feel to the best of knowledge that families in the company I have been working for have become:

95a.	1	2	3
	Less cohesive	Stayed the same	More cohesive

95b.	1	2	3
	Less independent	Stayed the same	More independent

95c.	1	2	3
	Less respectful of elders	Stayed the same	More respectful of elders

95d.	1	2	3
	Less respectful of parents	Stayed the same	More respectful of parents

95e.	1	2	3
	Less disciplined	Stayed the same	More disciplined

95f.	1	2	3
	Less honest	Stayed the same	More honest

95g.	1	2	3
	Less obedient of authority	Stayed the same	More obedient of authority

95h.	1	2	3
	Less questioning of authority	Stayed the same	More questioning of authority

95i.	1	2	3
	Less caring of family members	Stayed the same	More caring of family members

95j.	1	2	3
	Less impartial towards rich and poor	Stayed the same	More impartial towards rich and poor

96. During the last few years, I feel to the best of knowledge that families in this country have become:

96a.	1	2	3
	Less cohesive	Stayed the same	More cohesive

96b.	1	2	3
	Less independent	Stayed the same	More independent

96c.	1	2	3
	Less respectful of elders	Stayed the same	More respectful of elders

96d.	1	2	3
	Less respectful of parents	Stayed the same	More respectful of parents

96e.	1	2	3
	Less disciplined	Stayed the same	More disciplined

96f.	1	2	3
	Less honest	Stayed the same	More honest

96g.	1	2	3
	Less obedient of authority	Stayed the same	More obedient of authority

96h.	1	2	3
	Less questioning of authority	Stayed the same	More questioning of authority

96i.	1	2	3
	Less caring of family members	Stayed the same	More caring of family members

96j.	1	2	3
	Less impartial towards rich and poor	Stayed the same	More impartial towards rich and poor

Cultural Vitality

97. What is your cultural or ethnic identity?

97a.	Chinese	
97b.	Malay	
97c.	Indian	
97d.	Eurasian	
97e.	Vietnamese	
97f.	Myanmarese	
97g.	Korean	
97h.	Thai	
97i.	Filipino	

97j.	Indonesian	
97k.	Srilankan	
97l.	Bangladeshi	
97m.	French	
97n.	British	
97o.	Italian	
97p.	Greek	
97q.	American	
97r.	Other, please specify	

98. How important is your ethnic or cultural identity to you?

1	2	3	4	5
Not important at all				Very important

99. In the country you originated from, would you say that the ethnic or cultural group with which you identify is the largest group in that country or is it a minority group?

1	2	3	4
Minority group	Neither	Largest group	Not sure

100. In this country you are now living in, would you say that the ethnic or cultural group with which you identify is the largest group in that country or is it a minority group?

1	2	3	4
Minority group	Neither	Largest group	Not sure

101. In the community or estate you are now living in, would you say that the ethnic or cultural group with which you identify is the largest group in that country or is it a minority group?

1	2	3	4
Minority group	Neither	Largest group	Not sure

102. As far as you know, how many of your friends belong to the same ethnic or cultural group as you?

1	2	3	4	5
None of them	A few of them	About half of them	Most of them	All of them

103. As far as you know, how many of members of the organisation you are currently working for belong to the same ethnic or cultural group as you?

1	2	3	4	5
None of them	A few of them	About half of them	Most of them	All of them

104. Until you were fifteen years old, how many of your friends belonged to the same ethnic or cultural group as you?

1	2	3	4	5	9
None of them	A few of them	About half of them	Most of them	All of them	Don't know

105. How important is it for you to carry on your ethnic or cultural customs and traditions such as holidays and celebrations, food, clothing or the arts?

1	2	3	4	5
Not important at all				Very important

106. Until you were fifteen years old in your country origin, how often did you feel uncomfortable or out of place because of your ethnicity, culture, race, skin colour, language, accent or religion?

1	2	3	4	5
Never	Rarely	Sometimes	Most of the time	All the time

107. For which reasons did you feel uncomfortable or out of place in your country of origin? Was it because of:

		1	2
		Yes	No
108a.	Your ethnicity or culture		
108b.	Your race or skin colour		
108c.	Your language or accent		
108d.	Your religion		

108. How often do you feel uncomfortable or out of place now, in this country, because of your ethnicity, culture, race, skin colour, language, accent, or religion? Is it:

1	2	3	4	5
Never	Rarely	Sometimes	Most of the time	All the time

109. For which reasons did you feel uncomfortable or out of place here in this country? Is it because of:

		1	2
		Yes	No
108a.	Your ethnicity or culture		
108b.	Your race or skin colour		
108c.	Your language or accent		
108d.	Your religion		

110. How often do you feel uncomfortable or out of place now in the company you are working for, because of your ethnicity, culture, race, skin colour, language, accent, or religion? Is it:

1	2	3	4	5
Never	Rarely	Sometimes	Most of the time	All the time

111. For which reasons did you feel uncomfortable or out of place in this company you are working for now? Is it because of:

		1	2
		Yes	No
108a.	Your ethnicity or culture		
108b.	Your race or skin colour		
108c.	Your language or accent		
108d.	Your religion		

112. How strong is your sense of belonging to your ethnic or cultural group?

1	2	3	4	5
Not at all strong				Very strong

113. What was the language that you first learned at home in childhood? _____

114. How well can you understand that language now?

1	2	3	4	5
Not well at all				Very well

115. What language do you speak most often at home now? _____

116. What language do you speak with your friends now? _____

117. Since the time you came to this country, how often did you feel others did not treat you fairly because of your gender?

1	2	3	4	5
Never	Rarely	Sometimes	Most of the time	All the time

118. At work, how often did you feel others did not treat you fairly because of your gender?

1	2	3	4	5
Never	Rarely	Sometimes	Most of the time	All the time

Governance

119. What about the overall direction of this country's government, would you say that the government is:

1	2	9
Going in the wrong direction	Going in the right direction	Don't know

120. In general, how satisfied are you with the way the electoral system works in this country?

1	2	9
Not satisfied	Satisfied	Don't know

121. In your opinion, how independent are the courts from external influence and interference?

1	2	9
Independent	Not independent	Don't know

122. Please rate this country's courts in:

		1	2	3	9
		Poor	Good	Excellent	Don't know
123a.	Providing quick justice				
123b.	Providing a fair and impartial trial				
123c.	Making judicial process permanent				
123d.	Providing justice at reasonable cost to litigant (person involved in a law suit)				

123. Do you feel free from or have right to:

		1	2	9
		Yes	No	Don't know
124a.	Information			
124b.	Freedom of speech and opinion			
124c.	Choose who to vote for			
124d.	Join political party of your choice			
124e.	Practice lawful trade or vocation			
124f.	Equal opportunity to join the public service			
124g.	Equal pay for work of equal value			

124. How satisfied are you with the performance of the police in:

		1	2	9
		Dissatisfied	Satisfied	Don't know
125a.	Enforcing the law			
125b.	Responding promptly to a problem			
125c.	Investigating and solving a crime			
125d.	Being approachable and easy to talk to			

125. To what degree is media free from government influences?

1	2	9
Not free	Free	Don't know

126. Do you have a media source (i.e., a newspaper, radio station, television station) that you usually trust to provide honest and objective coverage of events in this country?

1	2	9
Yes	No	Don't know

127. In your opinion, how common is political corruption in this country?

1	2	9
Common	Not common	Don't know

128. In your opinion, how many civil servants or those who work in government offices and ministries do you think are involved in corruption? Is it:

1	2	3	4	9
All	Most	A few	None	Don't know

Your Environment

129. How healthy is your physical environment?

1	2	3	4	5
Not at all	A little	A moderate amount	Very much	Extremely

130. Overall, how satisfied are you with the state of the environment (air, water, land, forests, etc.) in your area?

		1	2
		Dissatisfied	Satisfied
131a.	Land		
131b.	Forest		
131c.	Air		
131d.	Water		
131e.	Biodiversity		

131. In your opinion, to what extent do the following factors influence your “quality of life”?

		1	2	3	4
		Not at all	Not much	Quite a lot	Very much
132a.	State of the environment				
132b.	Economic factors				
132c.	Social factors				

132. Would you say that you personally make an effort to protect the environment?

1	2	3	4
Never	Rarely	Sometimes	Often

133. How satisfied are you about your access to clean and safe water?

1	2
Dissatisfied	Satisfied

134. How satisfied are you with the quality of water you drink and use every day?

1	2
Dissatisfied	Satisfied

135. During the last 12 months, did you or any of your family members become sick as a result of drinking contaminated water?

1	2
Yes	No

136. Is air pollution a problem in your area?

1	2
Yes	No

137. Have you noticed any change in the number of biodiversity around your area in the last few years?

1	2
Yes	No

138. What kind of biodiversity species have you noticed declining in this country?

		1	2	3
		Yes	No	Don't know
139a.	Animal species			
139b.	Plant species			

Living Standards

139. In the last 12 months, did you ever cut the size of your meal or skip meals because there wasn't enough food or money for food?

1	2
Yes	No

140. In the last 12 months, did you ever go without food for a whole day because there wasn't enough food or money for food?

1	2

Yes	No

141. How often did this happen?

1	2	3	9
Almost every month	Some months but not every month	Only one or two months	Never

142. In the last 12 months, did you ever cut the size of your child's meal or skip meals because there wasn't enough food or money for food?

1	2	9
Yes	No	Not applicable

143. What was the approximate total cash income for your household during the past 12 months?

Below \$1,000		From \$5,001 to \$6,500	
From \$1,001 to \$2,500		From \$6,501 to \$8,000	
From \$2,501 to \$4,000		From \$8,001 to \$10,000	
From \$4,001 to \$5,500		Above \$10,000	

144. Do you consider your family to be:

1	2	3
Poorer than most families	About the same as most families	Wealthier than most families

145. How has your family's financial position changed over the past few years compared to other families in this country?

1	2	3	9
Financial position has improved less than most families	Financial position has changed about the same as most families	Financial position has improved more than most families	Don't know

146. In the next two years, do you think your financial situation will get better, worse or stay the same?

1	2	3	9
Get worse	Stay the same	Get better	Don't know

147. How well does your total income meet your everyday needs for food, shelter and clothing?

1	2	3
Not enough	Just enough	More than enough

148. In the past 12 months, did any of the following happen to you?

		1	2
		Yes	No
149a.	Bought second hand clothes instead of new ones to keep costs down		
149b.	Continued wearing clothes and shoes that were worn out because you couldn't afford replacements		
149c.	Could not organise rituals due to costs		
149d.	Could not go on pilgrimages or holidays due to costs		
149e.	Could not contribute to community festivities or group celebrations		
149f.	Could not send children to school due to costs		
149g.	Could not contribute support to sick persons or families of deceased persons due to costs		
149h.	Could not repay loans or mortgages on time		
149i.	Had difficulty providing financial assistance to parents and extended family members		
149j.	Postponed urgent repairs and maintenance of your household		
149k.	Sold equipment, land or other assets to raise cash for basic expenses		
149l.	Others, please specify		

149. Are you comfortable with your current level of debt?

1	2	3
Yes	No	No debt

150. Is the dwelling in which you live, rented or owned?

1	2
Rented	Owned

151. How many bedrooms are in the dwelling (house)?

1	2	3	4	5	6	More than 6

152. Is your dwelling (house) in need of repairs?

		1	2
		Yes	No
153a.	Regular maintenance is required, painting, etc.		
153b.	Minor repairs are needed.		
153c.	Major repairs are needed		

153. How satisfied are you with the conditions of your living space?

1	2	3	4	5
Very dissatisfied	Dissatisfied	Neither	Satisfied	Very satisfied

154. Do you have any comments or opinions on what you are satisfied or dissatisfied about in your current workplace, house, community, and or country?

THANK YOU SO MUCH FOR YOUR COOPERATION!

----- End of Survey -----